

# Key competences for trainees on internship

## SKILLS (what you must be able to do)

- Research skills: finding and processing data (also on the internet)
- Technical analysis and problem-solving skills: be able to plan your work, choose the correct materials and tools, work in a systematic way from problem analysis to finding possible solutions to choosing the correct final solution
- Critical and reflective thinking and acting (be able to make the correct choices).
- Language skills: be able to communicate (speaking – listening – writing - reading) in a foreign language
- Communicative skills (including assertiveness, able-bodiedness, and the ability to express oneself)
- Technical skills typical for your learning pathway

## KNOWLEDGE (what you must know)

- Technical knowledge in your learning pathway

## ATTITUDES (what kind of person you should be)

- Order, punctuality and timing (= comply with rules and arrangements, take all necessary documents with you, be disciplined, on time, do what is asked, on time and accurately)
- Be motivated (= attention and concentration, interest and curiosity, perseverance, independent working, cooperation, studying, commitment, daring to explore and being eager to learn)
- Respect, positive attitude (= respect for material, tolerance, courtesy, decent language, no bullying, acceptance of authority, respect for multiculturalism)
- Social behaviour, working in group (= attitude towards others, friendliness, cooperation, team spirit, no egoism, honesty, being open to equal opportunities)
- Sense of initiative, act independently;
- Flexibility and capacity to adapt
- Creativity and inventiveness.
- Positive self-image (with an openness to self development, including self-confidence)